



# Healthy Heart Family Dance Night



**Date: Friday, February 24, 2012**

**Time: 6:30- 8:30 PM**

Come join your favorite PE teachers  
**Mr. Kitchin, Mr. Cirino, and Mrs. Ostrowski** as they lead  
us in our favorite dances: Cha Cha slide, Macarena, Hokey  
Pokey, Chicken Dance, etc.

So...put on those sweats and sneakers and grab your water  
bottle and dance for the heart of it!

Cost is \$1 per person or \$3 per family.  
All proceeds will be donated to the  
Adamsville School PE department.  
Healthy snacks and juice will be provided.

Please note that this activity takes place in the All-Purpose Room. **No children will be permitted to leave the All-Purpose room unless escorted by an adult (even to use the restroom). Your cooperation is appreciated.**

If you would like to donate a healthy snack or have any questions about the event, please contact Chelsea Sobel-Smith at (732) 369-3637 or [chelseasobel@yahoo.com](mailto:chelseasobel@yahoo.com).

